



## **Allergy Awareness Guidelines**

### **Purpose**

- To provide a safe learning environment for all members of the Lockleys North Primary School community
- To raise the awareness within our school community of safe practices regarding potential allergens

Children and young people can be at risk of anaphylaxis (severe allergic reactions) from many foods or insect bites. It is impossible to guarantee complete removal of all, or a specific, allergen from the education or care service or community. This may give families, and children suffering from allergies, a false sense of security and assume the education or care service is free from a specific allergen, ie nut-free. However, following reasonable guidelines will minimise the potential risks with an emphasis on raising community awareness and adopting procedures such as 'Nut Awareness'.

### **Management and Responsibilities**

#### **Parents and caregivers will:**

- Provide information from doctors to support health care planning. This means **providing the school with a Health Care Plan and an Action Plan completed by the treating health professional.** (School are unable to treat a child with medication and/or required allergy procedures without these plans).
- Communicate any changes to the child's condition and/or risk factors to ensure staff have up-to date information.
- Endeavour to send food free of nut products (this includes peanut paste, nutella, all nuts and cooking oil containing peanut oil, as well as foods containing nuts). This is especially

important in the Early Years (R-2), where young children are less aware of the risks.

- Check with teachers before providing food to share with the class for information about students who may have severe allergic reactions to foods such as egg, fish, gluten and nuts.
- Encourage their children to self-manage / be aware of their own allergies and safety needs.

#### **Staff will:**

- Encourage students NOT to share food.
- Encourage students to wash hands before and after eating.
- Participate in training from a registered first aid organisation in understanding and dealing with anaphylaxis as the need arises.
- Request that students, who may bring food that contain nuts or nut products, to eat that food away from any other students and to wash their hands before going to play.
- Be informed of the general triggers, management strategies and emergency response for anaphylaxis and carry essential information while on yard duty.

As per the Department for Education's procedure on *anaphylaxis and severe allergies in education and care*, schools cannot confiscate foods that contain identified allergens, but they can carefully monitor the child or young person at risk and peers in close proximity that are eating to ensure no sharing of food.

